

IMPORTANT REMINDERS

About your child:

1. Infant/Toddlers- Any child prone to bowel accidents, no matter what the child's age, must wear approved swim pants. Wearing approved swim pants, which are tight around legs and waist, insures that feces will not get into the pool. In the event that feces do get into the pool, the pool must be shut down and all remaining lessons that day canceled. Child should arrive with diaper under the swim pants. Just before your child swims take the diaper off. I sell the swim pants for \$10. **No infant/toddler will be allowed in the water without pre-approved swim pants. You should buy them BEFORE the first day of lessons to make sure the pants fit properly.**
2. NO DAIRY OR CITUS PRODUCTS – 3 HOURS BEFORE SWIM.
3. Infections – Eye infections of any nature are not allowed in the pool. Any sores or open cuts must be brought to my attention.
4. Sunscreen – Parents, **please do not put sunscreen on your child.** If you want to guard against the sun have your child wear a rash guard shirt in the water. Sunscreen makes your child slippery in the water and it is very important that I maintain a good grip on your child.
5. All new clients must speak with me by phone before scheduling lessons. It is imperative that all clients know the policies and procedures of the Swimming for Life Swim School.

About our home:

1. Please do not speed in our subdivision. Speed limit is 25 mph.
2. Please park in the cul-de-sac or in front of our house. Be careful of the sprinklers. I ask that you be courteous and don't park in our neighbor's yards.
3. The driveway is reserved for pregnant moms with more than one child or individuals with special needs. Please don't block anyone in the driveway.
4. Bathroom – we only have one available and it is inside the house. It is for emergency use only. Parents, you must escort your child to and from the bathroom, no matter how old the child. If the weather is cold you may change your child inside. Be quick in the bathroom as there is always someone who will need to use it!
5. Food – Please, no food on deck. Ants have become a problem. No glass bottles. Plastic water bottles are fine.

About the lessons:

1. Make-up lessons are a courtesy. If I have to cancel lessons due to lightning I will schedule make-up lessons for you.
2. If you miss a lesson because you forgot, then you have paid for my time spent waiting for you.
3. A sick child should not swim and we will schedule a make-up class provided you have called to cancel prior to lesson time.

Swim pants and swim goggles are available for purchase at the swim school.

Your input and communication concerning the welfare of your child is very important to us. Please, don't be afraid to ask questions!